

Apila Socks

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Size

Woman's M

Materials

- 1 skein of Noro Kureyon Sock (or similar fine fingering weight yarn)
- 5 double pointed needles, 2.0 mm (US 0) (or similar circular needles if you prefer magic loop)
- Needle for weaving in ends

Gauge

9 stitches/2.5 cm (1") in stockinette stitch

Symbols and abbreviations

	k	knit
—	p	purl
↗	k2tog	knit 2 together
↘	ssk	slip 1 knitwise, slip 1 knitwise (or purlwise), knit the slipped stitches together through back loop
○	yo	yarn over
	RS	right side
	WS	wrong side



Directions

These socks are knitted toe-up and feature a reverse Dutch heel.

Toe

Cast on 24 stitches (12 on each needle) using the magic cast on. There is a great description of how to do this on Knitty.com. You can also use other toe-up cast on techniques if you prefer those.

Divide the stitches equally on four dpn's. Start increasing on every other row in the following way.

Round 1

Needle 1: k1, yo, k5

Needle 2: k5, yo, k1

Needle 3: k1, yo, k5

Needle 4: k5, yo, k1

Round 2

Knit all stitches, knit the yo through back loop to close the gap.

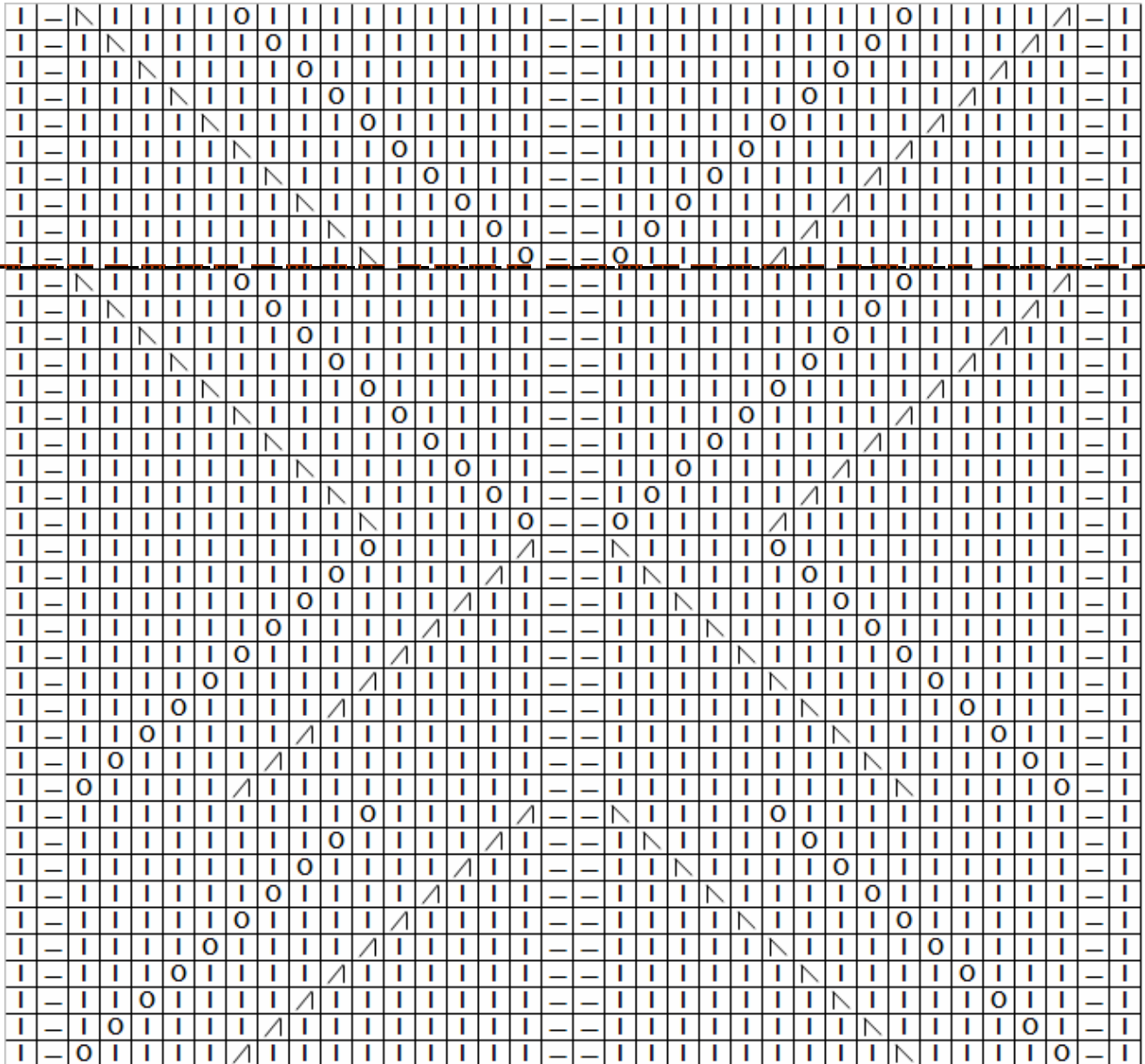
Continue like this, alternating round 1 and 2, until you have a total of 72 stitches, 18 stitches on each needle. You are now at the end of needle 4. The round begins with the first stitch of needle 1.

Foot

Knit needle 1 and 2 following chart 1. Start knitting from the lower right hand-corner of the chart. Knit all stitches on needle 3 and 4.



Chart 1



needle 2

needle 1

←
Start here

Continue in pattern until the foot measures about 3 inches from the heel. Start increasing for the instep in the following way:

Round 1

Needle 1 & 2: knit in pattern

Needle 3: k1, yo, knit until end

Needle 4: knit until 2 stitches before end, yo, k1

Round 2

Knit in pattern, and knit the yo through back loop.

Repeat round 1 and 2 until you have 26 stitches on each of needle 3 and 4. You are now ready to start the heel.

Heel

Knit needle 1 and 2 in pattern, and then leave them alone for a while. If you want, you can transfer all the stitches on needle 1 and 2 to one needle. That way you will have a spare needle for knitting the heel.

Knit 21 stitches on needle 3. Change to a new needle and knit 14 stitches. These 14 stitches are now your heel flap. You should have 21 stitches on each of the needles on the sides of the heel flap. Knit the heel flap in the following way:

Round 1 (purl round)

Slip one stitch purlwise. Purl all stitches.

Round 2 (knit round)

Slip one stitch knitwise. Knit all stitches.

Repeat round 1 and 2 until you have 17 slipped stitches on each side of the heel flap (ending with round 2).

Pick up and knit the 17 slipped stitches from the knit side of the heel. Turn work. Slip one stitch purlwise. Purl the 16 remaining picked up stitches and the 14 heel flap stitches.

Pick up and purl the 17 slipped stitches from the purl side of the heel. Turn work.

Round 1

Slip one stitch purlwise. Knit all heel stitches until you have one stitch left of the slipped stitches you picked up first. Slip that stitch knitwise, slip the first stitch of the gusset knitwise, knit the two stitches together through back loop, making an SSK. Turn work.

Round 2

Slip the first stitch purlwise. Purl all heel stitches until you have one stitch left. Purl this stitch together with the first gusset stitch. Turn work.

Repeat rounds 1 and 2 until you have no gusset stitches left, ending with round 2. Turn work

Redistribute the 48 heel stitches on two needles (needle 3 and 4). Slip one stitch purlwise. Knit the remaining stitches on needle 3 and 4. You are now at the beginning of the round, between needle 4 and 1. You should have a total of 84 stitches.

Leg

Knit needle 1 and 2 in pattern, following chart 1.

Knit needle 3 and 4 in the following way:

Needle 3

k1, p2, k2, p2, k2, p2, k2. Continue following chart 2.

Needle 4

Follow chart 2. k2, p2, k2, p2, k2, p2, k1.

Chart 2

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needle 4

needle 3

Continue in pattern until you've reached the dotted line in chart 1 on the final pattern repeat on the front of the leg. (One whole chart = one pattern repeat). The whole sock has 4 pattern repeats on the front, from the toe to the bind-off. Continue knitting the front following chart 1-B.

